DOWN'S SYNDROME ASSOCIATION

Policy Consultations

December 2025

Easy Read

Co-produced with people who have Down's syndrome



A Down's Syndrome Association publication.

DOWN'S SYNDROME ASSOCIATION

This leaflet is made by the **Down's Syndrome Association.**



It is in **Easy Read.**

Easy Read means **easy words with pictures** to help everyone understand.

This Easy Read leaflet is about **government consultations**

What is a Government Consultation?



A **government consultation** is when the government asks people what they think about:



- New laws.
- Changes to services.
- Plans for the future

The **government** is a group of people who help run the country.





The government wants to hear from lots of people.

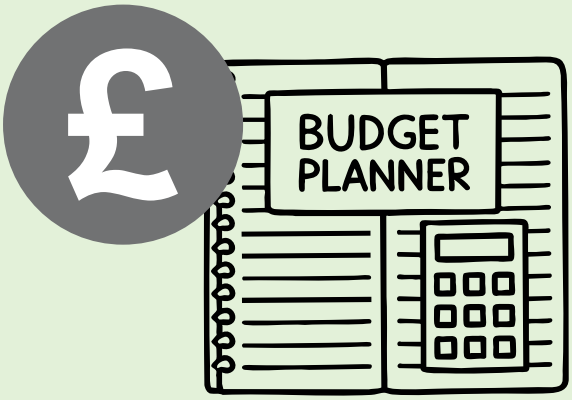


This includes listening to people who have Down's syndrome.

Your voice and your ideas are important.



- They make rules and laws.



- They decide how money is spent on things like schools, hospitals, and transport.



- The government includes people called MPs (Members of Parliament).



- Some MPs are chosen to be Ministers.



- Ministers are in charge of things like health, education, or work.



- The Prime Minister is the leader of the government.

DOWN'S SYNDROME ASSOCIATION

The Down's Syndrome Association might ask you for your ideas to help us reply to consultations.





You might also want to respond on your own to ensure your views are heard.















Consultations might be about:

- Education
- Health
- Social Care
- Housing
- Employment
- Community and leisure services
- Transport



Why Should I Take Part?

You can help the government understand:

- What works well now.
- What needs to change.
- What life is like for you.



Your ideas can help make things better for people who have Down's syndrome and other disabled people.

How Can I Reply?



Look for Easy Read documents or videos to help you understand the questions.



Look for the date you need to reply by. It is important to reply by this date.

How Can I Reply?



There might be an online form to fill in.



Or maybe you could send an email or video.



There will normally be an email address if you need to ask for help.

Focus Groups



Sometimes there will be a focus group organised.

A focus group is a small meeting where people talk about their ideas.



Focus groups help the government or organisations understand what disabled people think and feel.

Focus Groups



Sometimes focus groups are held with everyone in the same room.



Sometimes focus groups are held online on Teams or Zoom.



You can share your views, listen to others and ask questions in the focus group.

Preparing your Reply

You can reply to consultations in different ways.



- Write your answers down.



- Say your answers out loud and someone can write them down.



- Record a video.



- Attend a focus group and share your ideas.



You can reply on your own, or with support from a friend or family member.

Tips for Sharing your Views



- **Take your time -** you don't have to rush.



- **Ask for help -** someone can read the questions with you and help you understand what they are asking.

Tips for Sharing your Views



- **Talk about what is important to you -** there are no wrong answers.



- **Use your own words -** you don't have to sound 'official'. Your words and thoughts are important.

Your Voice is Important



People who have Down's syndrome have great ideas.

You know what life is like for you.



The government needs to hear from you.

Get involved!

Thank you



Thank you for reading this leaflet. We hope this leaflet has **helped you.**

Tell us What you Think



We want to know **what you think** about this leaflet.

Email what you think to:

info@downs-syndrome.org.uk

DOWN'S SYNDROME ASSOCIATION

CONTACT US

Down's Syndrome Association

Langdon Down Centre,
2a Langdon Park, Teddington,
Middlesex, TW11 9PS

0333 1212 3007

info@downs-syndrome.org.uk
training@downs-syndrome.org.uk
downs-syndrome.org.uk

Wales
wales@downs-syndrome.org.uk

Northern Ireland
enquiriesni@downs-syndrome.org.uk



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