DOWN'S SYNDROME ASSOCIATION

Our organisation has over

50 years

of experience of providing information, advocacy, training, and support to people who have Down's syndrome of all ages, their families and the professionals who work with them.



SCAN

to access our health and social care resources

Training

for health and social care professionals

HEALTH PROFILE
AGEING AND DEMENTIA
MENTAL CAPACITY - SUPPORTED DECISION MAKING
TELL IT RIGHT FOR MATERNITY PROFESSIONALS
CO-PRODUCTION
EDUCATION
SUPPORTING ADULTS
LET'S TALK RSE



DSA Training

Our training packages encompass the Down Syndrome Act 2022 guidance on meeting the needs of persons who have Down's syndrome. DSA training is co-produced with people who have Down's syndrome.

CLICK HERE

to access our health and social care resources

Email us: training@downs.syndrome.org.uk

Health Profile

A 90-minute online training session focusing on the health topics profile associated with having Down's syndrome. The session will pay special attention to the issue of diagnostic overshadowing, helping participants to understand some of the common comorbidities which contribute to the recognised health inequalities for this patient group (as evidenced by successive LeDeR annual reports and individual Learning from Life and Death Reviews of individuals who have Down's syndrome). Participants will learn about good practice in relation to annual health checks for people who have Down's syndrome.

Ageing and Dementia

A 90-minute online training session focused on understanding the changing needs of an ageing population of adults who have Down's syndrome. We celebrate the fact that people who have Down's syndrome are now enjoying a much-improved life expectancy. However, many services are grappling with meeting the changing needs of this older population where the likelihood of developing dementia (and at an earlier age than the general population) is far higher. This session will provide a model of good practice of recognising these changes, providing a robust assessment protocol which includes baseline assessment and a suggested pathway for providing good quality post-diagnosis support

Mental Capacity - supported decision making and people who have Down's syndrome

Many people who have Down's syndrome will be able to make their own decisions in relation to their healthcare but will need support and reasonable adjustments in order to understand complex health information. This 90-minute online training session will cover reasonable adjustments and supported decision making. It will also touch upon best interests decisions and least restrictive options where the individual is unable to make a decision for themselves.

Tell it Right ®(TIR) for maternity professionals

We offer either a pre-recorded 90-minute webinar or a live online training session for antenatal and maternity professionals and students providing up to date and accurate information to new and expectant parents who receive the news that their new baby (or developing baby) has Down's syndrome. This training ensures those working in this important area have confidence in providing support and are aware of our confidential helpline service, specialist resources and other support services. We can provide accompanying live online or in-person presentations with Q and A from TIR specialists and people with lived experience

Listen Include Respect UK (Down's Syndrome Association) training for organisations to become more inclusive of people who have learning disabilities.

The DSA Listen Include Respect team, which includes trainers who have Down's syndrome, provides online training to help organisations understand and use the Listen Include Respect (LIR) guidelines. LIR training enables service providers to authentically involve local people who have learning disabilities in determining the services that affect them, at any age, for health, education and social care service improvement.

Co-Production

We offer a range of co-production services, including the creation of accessible information or reviewing external resources, with the DSA Our Voice network of people who have Down's syndrome.

Education and Development

We offer training and information on the needs of learners who have Down's syndrome, from birth to adulthood. Topics include supporting development from birth to 4 years, early years and primary education, secondary education, further education, supporting behaviour change, dual diagnosis of Down's syndrome and autism, speech, language and communication, transition and preparing for adulthood, and relationships and sex education.

Supporting Adults

We provide training that covers topics relating to supporting adults including good practice for meeting emotional well-being, health, social care and housing needs.

How to use the DSA Let's Talk Relationships and Sex Education training package.

In order to support parents, carers and practitioners in discussing Relationships and Sex, we have created accessible resources for young people. The Let's Talk about Relationships and Sex – Teenage resources are five separate packs, covering consent, relationships, privacy and boundaries, gender, sexuality and safe sex and sexual acts.

For adults we have created a unique, comprehensive and widely acclaimed training package with accessible resources, workbooks and teaching materials for people who have Down's syndrome.The eight session training course can be facilitated by parents, carers, professionals and supported living organisations.