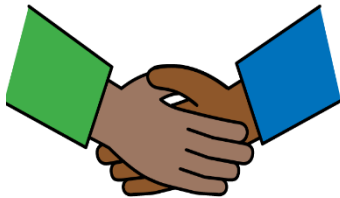


Appendix 5c: Easy Read Debrief

University Ref: FHMS 22-23 214 EGA V3 14/08/2023

Title: A qualitative exploration of ageing well with a lifelong disability in Black British Older Adults and their Carers.

thank you



Thank you for taking part in the project!



We spoke about what it is like to be Black and get older with a disability.



We did this because I would like to learn about what might make getting older easier or harder in Black people with a disability.



I hope that by understanding this better we can improve services for people getting older with disabilities.



Now, I will say goodbye.



Next, I will write up a report with information from our interview and other people who took part in the study.

This will take me a long time.



I will not use your real name when writing about it so no one will know it is you.

What if I change my mind?



If you no longer want to be part of the study after your interview, you can let Emily know.

If you do so within 4 weeks of your interview, all your information will be deleted. After 4 weeks Emily would have started writing the report on the interview and may not be able to remove all your information



What if I am upset by this project?

If you are upset or have any questions about the study, you or your carer can contact the lead researcher Emily:

eo00455@surrey.ac.uk

If you would like further support, you or your carer can contact the following places of support.

Mind

Phone: 03001233393 Email: info@mind.org.uk Website: www.mind.org.uk

Black minds matter

Phone: 01173309609 Email: info@blackmindsmatteruk.com Website: www.blackmindsmatteruk.com

Mencap (Learning Disability)

Phone: 08088081111 Email: helpline@mencap.org.uk Website: www.mencap.org.uk

SENSE (Sensory Impairment)

Phone: 03003309257 Email: supporterservices@sense.org.uk Website: www.sense.org.uk

RNIB (Vision Impairment) Helpline

Phone: 03031239999 Email: helpline@rnib.org.uk Website: www.rnib.org.uk

RNID (Hearing Impairment)

Phone: 08088080123 Email: contact@rnid.org.uk Website: www.rnid.org.uk

SCOPE Disability Charity

Phone: 08088003333 Email: helpline@scope.org.uk Website: www.scope.org.uk

Down Syndrome Association

Phone: 03331212300 Email: info@downs-syndrome.org.uk
Website: www.downs-syndrome.org.uk

ACTION Cerebral Palsy

Phone: 07721372499 Email: info@actioncp.org Website:
<https://actioncp.org/>

Age UK

Phone: 08006781602 Website: www.ageuk.org.uk

Samaritans

Phone: 116 123 Website: www.samaritans.org

SilverLine

Phone: 080016987 7 Email: info@thesilverline.org.uk
Website: www.thesilverline.org.uk