

Debrief Form for Parents/Carers of Young Adults with Down Syndrome

How did the Covid-19 pandemic impact the transition into adulthood for young adults with Down Syndrome? Experiences of parents/carers.

Thank you very much for taking part in my research. Your time and contribution have been greatly appreciated.

What was the purpose of the study?

I am interested in accessing parent/carers' experiences so that more can be learnt about the transition into adulthood for young adults with Down Syndrome during the Covid-19 period, considering what it was like at the time of the pandemic and what it has been like in the longer-term. Your insights could be helpful to educational psychologists, and wider systems of professionals supporting young adults with Down Syndrome, as well as to young adults with Down Syndrome themselves, and other parents/carers.

What will happen to my information?

The information collected will be stored confidentially and securely on my password-protected computer. The audio recording will be stored in my password-protected electronic university files and the recording will remain untouched for one week to allow you to withdraw your data if you wish. After this I will start transcription and data analysis. Information will only be shared with my research supervisor (please see email address below).

The audio recording will be stored for no more than two months after your interview to allow time for transcription. After I have analysed the data, audio recordings will be destroyed, and transcriptions will be anonymised by removing the participant codes. Any names including yours and your young adult's will be changed, and any personal information will be removed. Findings that appear in my thesis write-up which may be published at a later stage, and shared with the organisation who advertised my study, will be completely anonymous.

Should you feel you no longer want your interview to be part of this research, please contact me (please see email address below) within one week of the date and time of your interview. If you have any questions relating to the research, please contact me or my supervisor.

If you would like **advice/support for yourself or your young adult**, please consider getting in touch with the following charities/organisations:

- The Down's Syndrome Association:
 - Website: <https://www.downs-syndrome.org.uk/>
 - Email address: info@downs-syndrome.org.uk
 - Helpline number: 03331212300 (10am-4pm)
- Mencap:
 - Website:

<https://www.mencap.org.uk/advice-and-support/our-services/learning-disability-helpline>

- Helpline numbers: 08088000300 (Wales); 08088081111 (England) – Monday - Friday

- Mind:
 - Website: <https://www.mind.org.uk/>
 - Email address: info@mind.org.uk
 - Helpline number: 03001233393 (9am-6pm; Monday to Friday, except bank holidays).

- If you need urgent advice:
 - Crisis coping tools: <https://www.mind.org.uk/need-urgent-help/>
 - Contact NHS 111 if you live in England or NHS 111 Wales if you live in Wales. <https://www.mind.org.uk/information-support/guides-to-support-and-services/crisis-services/getting-help-in-a-crisis/>

Thank you again for your time. I hope that you enjoyed your participation.

For queries relating to the research, please contact the researcher via the below email address:

Eleri Davies, Researcher & Trainee Educational Psychologist:
daviesen1@cardiff.ac.uk

Research Supervisor contact details:

Dr Dale Bartle: bartled@cardiff.ac.uk

Any complaints may be made to:

Secretary of the Ethics Committee
School of Psychology
Cardiff University
Tower Building
Park Place
Cardiff
CF10 3AT
Tel: 029 2087 0707
Email: psychethics@cardiff.ac.uk

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contact the Information Commissioner's Office should you wish to complain, can be found at the following: <https://intranet.cardiff.ac.uk/staff/supporting-your-work/manage-use-and-protect-data/data-protection>