



# MAKING A TRANSITION BOOK

Going to a new class or new school is a big change for any child, and can be especially challenging for children who have a learning disability, such as Down's syndrome, as there is so much new information to take in.

Careful planning of the transition and gradual preparation can help make sure that your child is well prepared and that they feel familiar with their new environment, even before they start there.

Transition books can be a good way to help prepare children and young people for a change in education setting. Two examples are provided below. As you will see, the transition book can be produced by a school (like Tanzie's book) or it can be produced by the parents (like Zoe's book).

You can include a number of topics and photos:

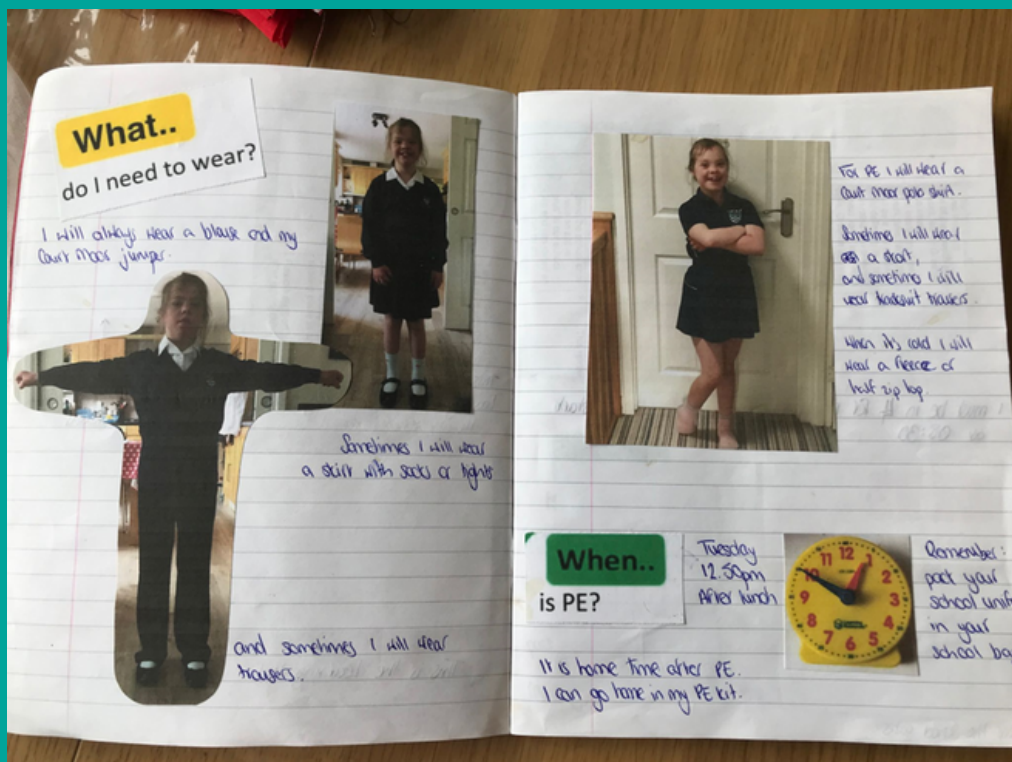
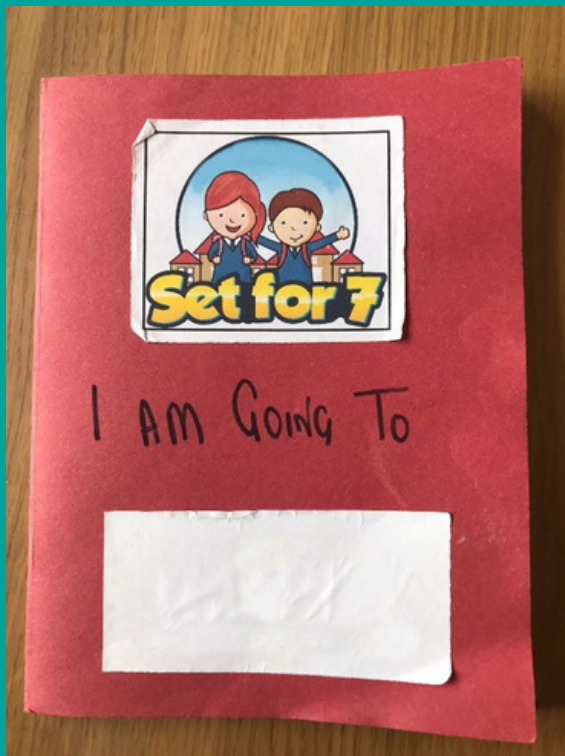
- Key staff
- Photos of the classroom, hall, toilets, and any other important spaces
- Information about the school uniform
- Tips to help your child prepare for their day
- A timetable



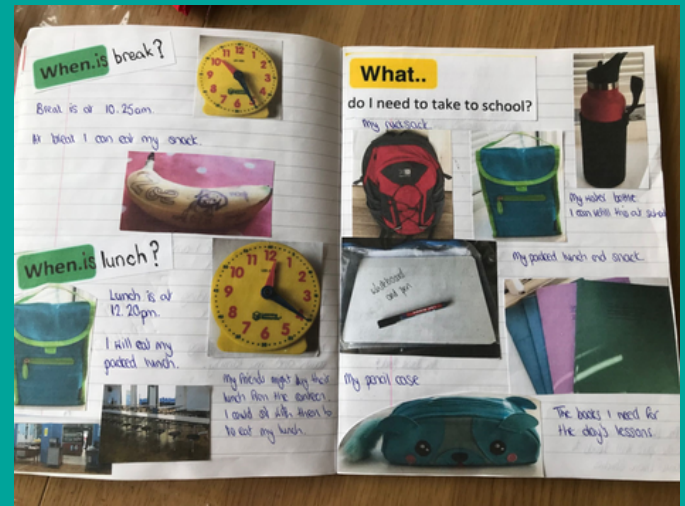
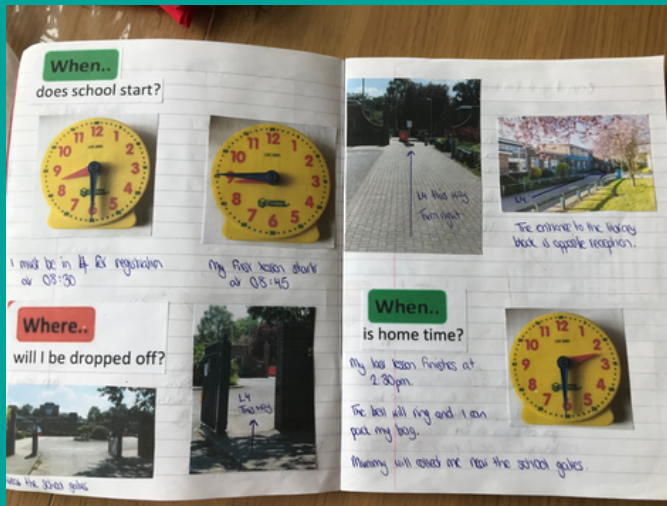
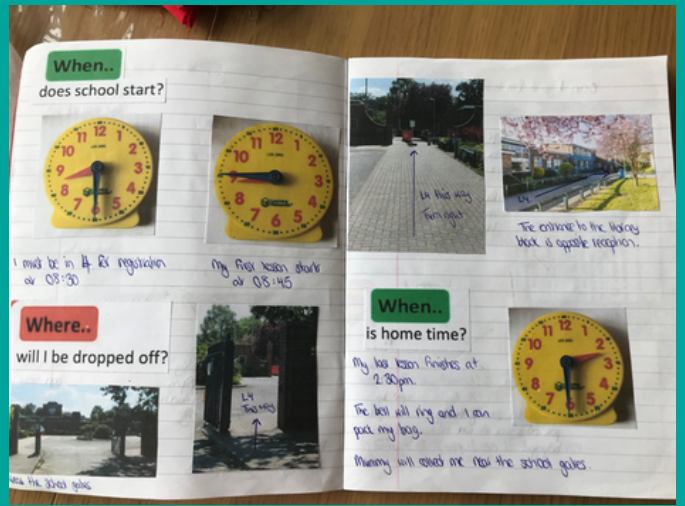
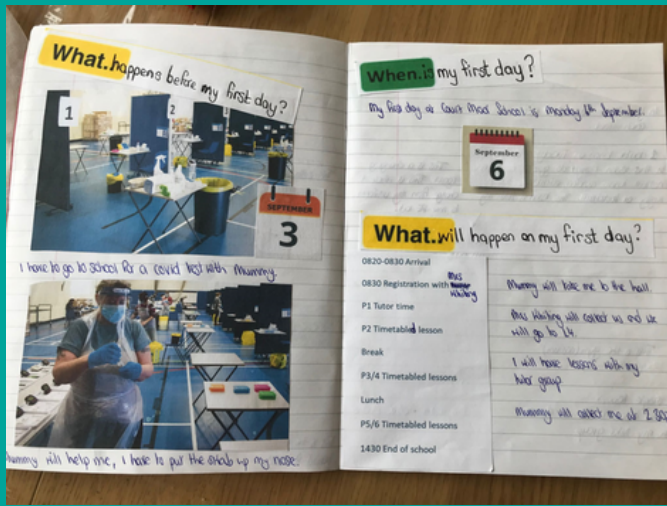
The book should be written in a way that either your child can read, or that it can be read to them. Visual supports are especially useful for children who have Down's syndrome to retain important information.

There is no one way to make these books. Think about the information that will be helpful to your child and make it fun and interesting so that your child will want to have a look at it.

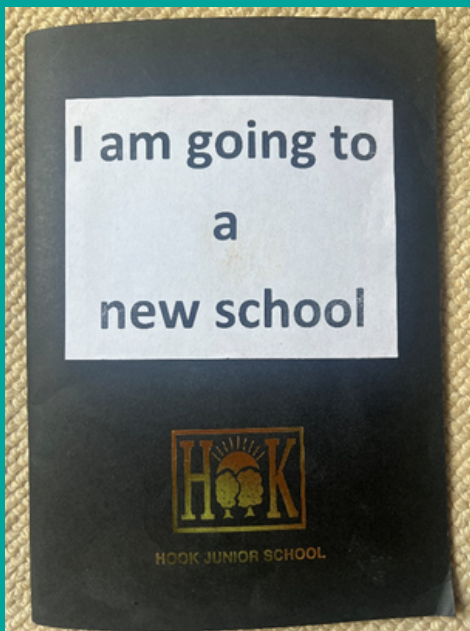
## Example One – Zoe



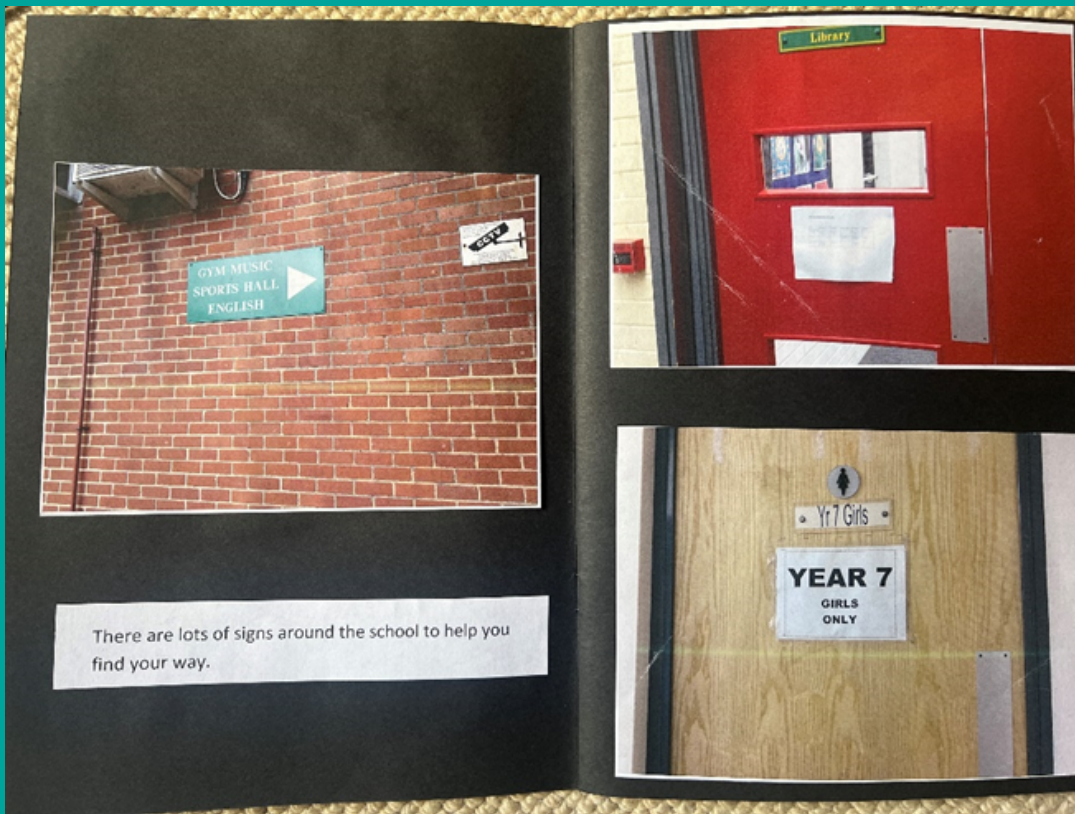




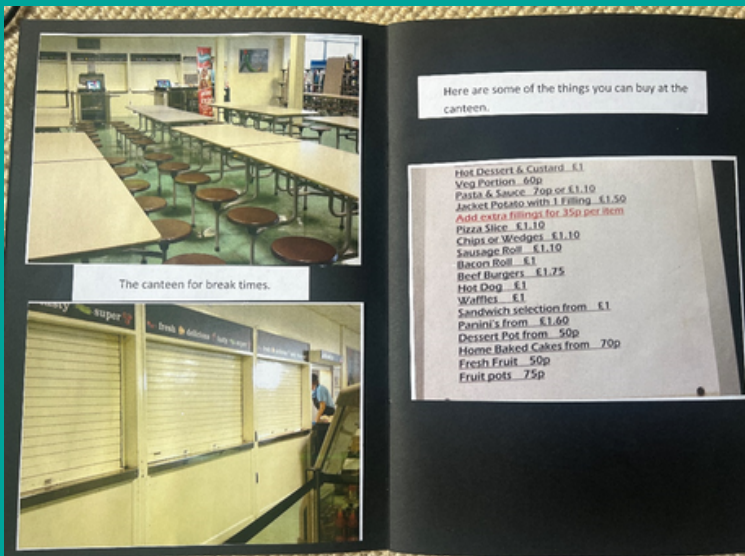
## Example Two – Tanzie







There are lots of signs around the school to help you find your way.



Here are some of the things you can buy at the canteen.

- Hot Dessert & Custard...£1
- Veg Portion...60p
- Pasta & Sauce...70p or £1.10
- Jacket Potato with 1 Filling...£1.50
- Add extra fillings for 35p per item
- Pizza Slice...£1.10
- Chips or Wedges...£1.10
- Sausage Roll...£1.10
- Bacon Roll...£1
- Beef Burgers...£1.75
- Hot Dog...£1
- Waffles...£1
- Sandwich selection from...£1
- Parini's from...£1.60
- Dessert Pot from...50p
- Home Baked Cakes from...70p
- Fresh Fruit...50p
- Fruit pots...75p

The canteen for break times.



Car parking area.



The buses will drop you off here in the morning and collect you from here to take you home after school.

