

Education Rights Series

Education rights post 16

Updated July 2021

This resource applies to **England only**

The Children and Families Act (CFA) 2014 extended the remit of the SEN framework so that it now covers children and young people age 0-25. This has made a considerable change to the rights of young people. This factsheet gives an overview of the current legal framework for young people age 16+ and outlines some of the options for this age group.

Contents

- 1 [Children and Families Act 2014](#)
- 2 [Moving to college – Education, Health and Care Plans](#)
- 3 [Staying on in education – what the law says](#)
- 4 [Social care](#)
- 5 [Options for further education](#)
- 6 [Specialist residential colleges](#)
- 7 [Transport](#)
- 8 [Mental capacity and decision making](#)
- 9 [Further Information](#)

1. CFA 2014

The CFA brought in some important changes for young people over 16. Education Health and Care Plans (EHCPs) cover young people in further education and training, in some cases up to the age of 25. Unlike the previous system of statements which only covered children and young people in schools.

The CFA granted young people in further education the following rights:

- Education provision is enforceable in the same way that it was previously for children and young people in schools.
- Young people can request a particular FE institution to be named, including some independent specialist colleges.
- Young people may appeal to the tribunal over the education sections of the EHCP including the name of the school or college.
- Young people must have access to impartial information, advice, and support in their own right.

Colleges have been brought within the legal Special Educational Needs and Disability (SEND) framework and must follow the SEND Code of Practice.

Under the CFA, decision making passes to young people directly once they are over compulsory school age. For young people in their 'correct' age cohort this will be at end of year 11; if held back a year the end of year 10. This is however subject to the young person having capacity to make the relevant decision. The section on ***Mental capacity and decision making – section 8*** has more information on how this may affect young people and parents.

Preparing for adulthood

The SEND framework now lays great emphasis on the importance of preparing for adulthood. This should involve looking at the following areas:

- Employment – increasing number of young adults who have Down's syndrome are now entering volunteering or paid employment. Young people should be looking at courses that will help them progress to this.
- Independent living – what skills will the young person need for them to be as independent as possible?
- Participating in society – support for friendships and relationships, leisure activities, being part of the local community.
- Being healthy – having as good health as possible in adult life.

It is important to have all these in mind when drawing up an EHCP for a young person and when reviewing an EHCP for those in year 9 upwards. The SEND code of practice has more information in Chapter 8. See ***Further information section 9***.

2. Moving to college – EHCP

Young people with EHCPs

All EHCPs must be reviewed at least annually. For young people about to leave school and move to further education, this must happen in good time, and a final amended EHCP naming the college must be issued by 31st March. At this point there are rights to mediation and appeal if you are not happy with the content of the plan or the college named.

Young people leaving school must have a final EHCP naming the college or other provision by 31st March in the year of transfer.

EHCPs top tips for school leavers

- Remember 31 March deadline – and remind your Local Authority (LA).
- Ensure there is a specific focus on preparing for adulthood.
- Involve the young person themselves. Person centred planning is crucial for this age group.

Involving young people and families

Parents and young people should be closely involved in EHCP reviews. This involvement is particularly likely to focus on the young person's and the family's views and aspirations. It is also important to think about the outcomes that the young person will be aiming for over the next couple of years. For this age group the outcomes must include a focus on preparing for adult life.

At this stage, our accessible information about making choices may be helpful – see 'Supporting me to make a decision', 'Listen to me – 13+ transition' and 'Making choices' - [Easy read information | Downs Syndrome Association \(downs-syndrome.org.uk\)](https://www.downs-syndrome.org.uk/easy-read-information/)

Naming a college in the EHCP

Once the draft plan has been drawn up you will be sent a copy and have 15 days to comment and submit your preference of college. For help at this stage, refer to our resource about EHCPs – this contains a section about checking the plan.

You can express a preference for a particular college (including some approved independent specialist colleges). The LA must name the preferred college provided that it is:

- suitable for the young person's age, ability, aptitude, and any SEN they may have – *can this college meet the young person's needs?*
- not incompatible with the
 - efficient use of resources i.e., *too expensive*
 - the efficient education of other students – *educating your son or daughter at the college would be very disruptive. The college should look at ways of overcoming these barriers.*

If you are not happy with the final plan including the name of the college, there are rights to mediation and appeal to Tribunal.

For more information about the sorts of courses available see below under ***Options for further education section 5***. If you think you will be asking for a residential specialist college to be named, see below under ***Specialist residential colleges section 6***.

3. Staying on in education – what the law says

16–18-year-olds

All young people must remain in education or training until their 18th birthday. This is not the same as raising the school leaving age, which remains at 16. 16–18-year-olds may remain in their current school, move to another school, move to college, or take part in work-based learning such as apprenticeships or traineeships. It is also possible to combine paid work and part-time study. Home education would also fulfil the requirements to continue in education.

19–25-year-olds

In practice most young people who have Down's syndrome will have no problem remaining in school or college until the end of the school year in which they turn 19. Beyond this age matters can get confusing. It is important for young people and their parents to be aware of possible pitfalls.

Although EHCPs can continue up to age 25, this does not constitute an absolute right to education up to that age. LAs are faced with budget constraints and a growing number of young people with higher levels of need going on to further education. LAs may only agree to fund courses a year at a time, especially where a young person is in expensive provision. If this is the case, it is vital to make sure that reviews happen in good time, that the outcomes are updated, and you have evidence about the progress the young person is making.

LAs must not cease an EHCP just because a young person has turned 19. The LA may however cease the plan for a young person of this age if they no longer need special educational provision. The LA will look at whether the education and training outcomes in the plan have been met. They will not take health and social care outcomes into account.

This is why it is important to get the outcomes section right for young people over 19. These should be education or training outcomes that help the young person prepare for adult life.

EHC needs assessments post 19

For new requests for EHC assessments for young people aged 19–25, the LA must consider whether the young person needs additional time to complete their education compared to others of the same age. It will help to provide evidence that a young person is continuing to progress, for example:

- they may gain additional qualifications at a higher level.
- they will be able to finish a course that they have started.
- staying in education will help them prepare for work.
- staying in education will help them prepare for independent living.

However, in a legal case, the Upper Tribunal gave a much wider scope to the meaning of 'education' and ruled that the LA should maintain an EHCP for a young man for whom formal education was not appropriate but who could make small steps of progress in skills and

required speech and language therapy to do so. See **Further information section 9** for an article about this case.

4. Social care

Social care is likely to be an important part of the package even if young adults are remaining in education, especially as some college courses for over 19s only run for 3 days a week. If you are looking for a place in a residential specialist college, then part funding from social care will almost certainly be essential.

Many families may not have had any social care involvement when their children were younger. However as young people approach adulthood, they may need additional support to become more independent of their parents. Virtually all adults who have Down's syndrome will require social care support in order to live as independently as possible in the community.

Legally young people move to adult services at 18 but there is now some overlap built in by the Children and Families Act and the Care Act to avoid the 'cliff edge' effect.

If social care provision is written into the EHCP, then a young adult aged 18+ can continue to receive children's services if no adult assessment has taken place. In addition, you have a right to ask adult social care for an assessment before the young person turns 18, if they are likely to have needs for care and support as an adult. This is known in law as a 'child's needs assessment' but may also be referred to as a 'transition assessment'.

For more information on social care see [Housing & Support For Adults | Downs Syndrome Association \(downs-syndrome.org.uk\)](https://downs-syndrome.org.uk)

Social care essentials

- Ensure that younger teenagers are known to children's social care.
- Check that social care needs and provision are properly recorded in the EHCP.
- Adult social care – ask for a child's needs assessment (transition assessment) before age 18.

5. Options for further education

Education for young people aged 16-19 and for 19–24-year-olds with EHCPs must follow the government's requirement for study programmes. Young people should follow a coherent study programme that enables them to

- progress to a higher level
- gain a substantial qualification
- continue English and maths
- participate in meaningful work experience and non-qualification activity

There is considerable flexibility for young people who have learning difficulties or disabilities who may not be able to attain a qualification; the study programme for them should focus on work experience and non-qualification activities that prepare them for adult life. See **Further**

information section 9 for links to government guidance and other information on study programmes.

What sort of course?

When you and your son or daughter are thinking ahead about further education, it is important to put the young person at the centre and try to build a programme round them rather than feeling limited by the set menu on offer.

Some of the options may be:

Learning disability specific course at a local college

These courses may have different names such as:

- Personal Progress
- Skills for life
- Learning for living and work
- Skills for working life
- Pathways to independence

They vary enormously. Some things to check are:

- Opportunities for progression – does it lead on to a higher-level course, work or volunteering opportunities or greater independence in daily life. Ask about the outcomes for young people – what do they go on to?
- Opportunities to focus on a particular vocational area of the young person's choice. It is no good being forced into hair and beauty if your daughter wants to work on a farm with animals or into horticulture if your son loves cooking.
- Work experience – is this embedded into the course?
- Quality of the teaching – young people should be learning not just being kept busy.

A review of FE provision for high needs learners by Ofsted (Moving Forward? – March 2016) gives some examples of good (and not so good) practice.

gov.uk/government/publications/preparing-learners-with-high-needs-for-adult-life

Mainstream course at a local college

Some young people who have Down's syndrome may be able to access mainstream vocational courses with additional support.

Tutors may be less experienced at supporting learners who have a learning disability. It may be possible to ask for a reasonable adjustment under the Equality Act such as taking longer to complete the course or being assessed in a different way.

Supported internships

These are aimed at young people with EHCPs who need extra support to be able to move into work. They are based mainly at an employer's premises though there will also be college links. There are no academic entry requirements. Supported internships last for a year.

See under **Further information section 9** for links to guidance and factsheet.

Specialist colleges

See separate section below

Bespoke programme

Some young people do not fit into pre-defined categories or there may be limited choice within the local area. In this case think about using person-centred planning to put together a bespoke programme. This could involve work, work experience or volunteering, part-time courses and social care provision.

The SEND code of practice states that although young people should have provision over 5 days a week, this does not all have to be at a single provider.

6. Specialist residential colleges

These colleges are also known as Independent Specialist Providers (ISPs).

What are ISPs?

Independent specialist providers (ISPs) are colleges outside the maintained college sector, which specialise in providing for young people who have learning difficulties or disabilities. Many, though not all, offer residential provision.

ISPs can seem an attractive option to young people and their families for the following reasons:

- Opportunities to develop independence while living away from home.
- Full time programme
- Better support for specific learning needs
- Access to therapy services
- High quality vocational courses with built in work experience.

Funding must be agreed by the LA where you live. However, the reality of the situation is that most LAs have seen increased pressure on their budgets for post 16 education, and funding is becoming difficult to obtain.

The umbrella organisation for ISPs is Natspec (Association of National Specialist Colleges) natspec.org.uk Their website has a directory of colleges and information about applying to colleges and funding.

Section 41 colleges

Most ISPs are now approved under section 41 of the Children and Families Act. Specialist colleges on the section 41 list are institutions that have an agreement with the Secretary of State to admit any pupil where the LA names that college. You can find the list here. [Independent special schools and colleges - GOV.UK \(www.gov.uk\)](http://www.gov.uk) Natspec's website also tells you which of their member colleges have section 41 approval.

You can ask for one of these colleges to be named in an EHCP on the same basis as a local FE college and the same criteria will apply. See our resource about EHCPs for details of this. If a local college is able meet a young person's needs, the LA may refuse to name an ISP on the grounds of inefficient use of resources.

If the LA refuses to name a section 41 college, you can appeal to Tribunal.

Applying for a place

If you want to explore the option of an ISP for your son or daughter, you need to start early to find out what is available and to get supporting evidence in place. Once you are ready to make a formal application, your son or daughter may be invited for an overnight visit and assessment and the college may then offer a place subject to funding from the LA. You will then need to ask the LA to name the college in section I of the EHCP. There is no requirement to be turned down by a local college first, but it is important to visit local provision in case you have to argue that the local college is unsuitable for your young person. It is vital to get the EHCP as specific as possible, in terms of specialist provision and things like work experience and the need for a particular level of course.

Making a case

This will be different for every young person; below are some things you want to consider.

- Environment – does the young person need a safe, structured environment with continuity of approach across the waking day?
- Progression – what course does he or she want to do? Does the local college offer this? What opportunities are there for progression into independent living and employment? (many general FE colleges only have very basic lifeskills courses). If the young person wants to follow a specific vocational area, is that available?
- Other needs – if the person has additional medical or sensory needs, highlight these. Likewise, if they continue to need speech and language therapy, as this is unlikely to be available in a generic FE college.
- Social care – it is easier to get a specialist college place if there is joint funding. This will generally be from social care, though health may be involved for young people with very complex needs. Make sure that the young person has had an adult social care needs assessment and that this included in section H of the EHCP. Focus on why a residential setting is necessary, not just desirable. Are there for instance limited opportunities locally to develop independence in travel or leisure opportunities? Are parents / carers under particular strain?

7. Transport

It may come as a surprise to discover that young people who were entitled to free transport to school lose this right once they enter sixth form or college. The reason is that the law on school transport arises from the law on school attendance. Although there is now an obligation on young people to remain in education or training up to their 18th birthday, the law on transport has not kept pace with this.

For information on school transport for children of compulsory school age (5-16) please see our resource about school transport.

There are also considerable differences between LAs in what they offer to young people. Some may continue free travel arrangements for sixth-formers, others provide a bare minimum, for which they charge.

All LAs must publish transport information as part of their 'local offer'. This includes information on transport for young people aged 16-25 with SEND.

Transport for 16 - 18-year-olds

This section applies to all young people of sixth form age, both in schools and colleges. It covers young people under 19 and those over 19 who started a course before they turned 19. It is important to be aware that, although LAs must make provision for this age group, there is no right to free transport.

By law all LAs in England must publish a transport policy statement for learners of 6th form age. In the policy statement the LA must specify any arrangements to facilitate attendance at school sixth form or college for young people of this age. These arrangements can be transport arrangements or financial assistance provided by the LA or by individual schools or colleges.

The policy statement must include a specific section on transport for young people with SEND.

The policy statement must have regard to

- Reasonable opportunities for choice including schools / colleges in other LAs
- Distance to school or college – 3 miles is used as a benchmark to tie in with the statutory walking distance for 8-16 year olds, but LAs must take into account the impact of a disability or learning difficulty on the young person's ability to walk
- Journey time and the nature of the journey
- Cost of transport. This includes arrangements for families on a low income. The policy should also take into account the fact that young people with SEND may take longer to complete their education. LAs may ask parents for a contribution.

The 16-18 transport policy must be updated annually and parents and young people must be consulted.

Guidance states that the transport needs of young people who have learning difficulties or disabilities should be reassessed at age 16 and transport should not be limited to those eligible at a younger age.

For more detailed information see the Department for Education statutory guidance on Post 16 transport [gov.uk/government/publications/post-16-transport-to-education-and-training](https://www.gov.uk/government/publications/post-16-transport-to-education-and-training) This also quotes the law in detail.

Read this guidance in conjunction with your own LA's post 16 transport policy. You should be able to find it via their 'local offer' site. If their local policy is not in line with the guidance, you can make a formal complaint. There should also be a complaints or appeals process if you disagree with your LA's decision on eligibility or the nature of the travel arrangements.

The LA can make a charge, and this is normally the equivalent of what other students would pay for a bus pass. Many authorities charge about £500 a year. Students with SEND may be eligible for the 16-19 bursary fund which can help pay for transport. More information at [gov.uk/guidance/16-to-19-education-financial-support-for-students](https://www.gov.uk/guidance/16-to-19-education-financial-support-for-students)

Adult learners age 18+

Adult transport duty

For over 18s the situation is different as under the 'adult transport duty', the law does require free transport to be provided for adult learners 'where necessary'. When deciding whether

transport is necessary for a particular adult, the LA must have regard (among other things) to the age of the adult and the nature of the route, or alternative routes, which the adult could reasonably be expected to take.

The law does not define what is 'necessary' and it is possible that the LA may rely on the transport arrangements available in the area.

Social care

Adults eligible for social care support may be able to get transport that way, possibly as part of a personal budget. One of the eligibility criteria for care and support under the Care Act 2014 is:

(h) accessing and engaging in work, training, education or volunteering

Local authorities should consider whether the adult has an opportunity to apply themselves and contribute to society through work, training, education or volunteering, subject to their own wishes in this regard. This includes the physical access to any facility and support with the participation in the relevant activity. (Care Act statutory guidance)

You can request a needs assessment for your son or daughter or a review if they already have a care and support plan. Argue that it would have a significant effect on the young adult's wellbeing if they were not able to access education or training. You should argue that you are not able to provide transport as it limits your ability to work / you are under stress from caring etc.

As well as providing transport, the LA could look at travel training for public transport or a travel buddy for someone who is unable to travel alone.

Travel training

Some teenagers and young adults who have Down's syndrome may be ready to begin to learn to travel on public transport on their own for familiar journeys. However, the capacity for independent travel will vary very much from person to person and some may never achieve it. Parents should not feel forced to go down this route if a young person is clearly not ready or the journey would be too complex.

There may be travel training available through the young person's school or college, the LA or a voluntary organisation. Parents can also provide support by discreet shadowing of young people while they learn a route.

8. Mental capacity and decision making

Under the Children and Families Act 2014, the legal right to make decisions passes to young people directly rather than their parents. 'Young people' are defined in the Act as being over compulsory school age but under 25.

Some parents of young people who have Down's syndrome will perhaps be concerned about this. This right for young people does not mean that parents must be cut out and have no involvement.

Parents can always be involved if a young person is happy for that to happen and the SEND Code of Practice advises that this should normally be the case. Most 16-year-olds will not want to manage a complex issue such as a tribunal appeal themselves and can ask a parent to act

as representative. In addition, the decision making is subject to the provisions of the Mental Capacity Act 2005. Under this Act, people must be allowed to make their own decisions provided they have the capacity to do so. It is important to understand that capacity is not an all or nothing matter but must be considered on a decision by decision basis. A young person who has Down's syndrome is likely to be able to make day to day decisions about things like what they want to eat or to wear but may be unlikely to understand the implications of detail in an EHCP.

If a young person does not have capacity to make a particular decision regarding their education, then decision making under the Children and Families Act automatically passes to the parent. The exception would be if someone else has been appointed as a Deputy by the Court of Protection. There is detail on this in Appendix 1 to the SEND Code of Practice.

The situation has been clarified by case law regarding tribunal appeals. If a young person has capacity to bring the appeal, then it is in the young's person name. It is reasonable for parents to help the young person in bringing the appeal. If a young person lacks capacity, then the appeal would be brought by the parent as 'alternative person' acting in the young person's best interests.

See Further information for a link to an article about this judgment.

Even if a young person is not able to make particular decisions, they should still be involved as far as possible, and their views sought. The DSA website has more information and useful links on mental capacity:

[Making-Decisions-post16.pdf \(downs-syndrome.org.uk\)](#)

[The-Mental-Capacity-Act FAQ RF 10.06.2020.pdf \(downs-syndrome.org.uk\)](#)

9. Further Information

From the DSA

Education Rights Series [Children, Families & Education | Downs Syndrome Association \(downs-syndrome.org.uk\)](#)

Further Education [Education-Series-Further-Education .pdf \(downs-syndrome.org.uk\)](#)

Teenagers and young adults [Life's Journey | Downs Syndrome Association \(downs-syndrome.org.uk\)](#)

DSA Workfit [Workfit | Downs Syndrome Association \(downs-syndrome.org.uk\)](#)

From other organisations

Education 16+

SEND Code of Practice gov.uk/government/publications/send-code-of-practice-0-to-25

Study programmes – Government guidance gov.uk/government/publications/16-to-19-study-programmes-advice-on-planning-and-delivery

Supported internships (accessible information)

[What are supported internships?](#)

Legal information

Disabled Children – a legal handbook (3rd edition). Free to download from the Council for Disabled Children councilfordisabledchildren.org.uk/resources/all-resources/filter/inclusion-send/disabled-children-legal-handbook-3rd-edition See especially chapter 10 Transition to adulthood

Buckinghamshire case – meaning of ‘education’ and mental capacity [Clarity from the Upper Tribunal about young people and EHCPs Special Educational Needs Solicitors, Boyes Turner \(senexpertsolicitors.co.uk\)](https://www.senexpertsolicitors.co.uk/clarify-from-the-upper-tribunal-about-young-people-and-ehcps-special-educational-needs-solicitors-boyes-turner)

Transport information from barrister Steve Broach’s blog rightsinreality.wordpress.com/2014/09/19/school-transport-no-right-to-education-if-you-cant-get-there/

Article on an Upper Tribunal case STAFFORDSHIRE COUNTY COUNCIL v JM (2016) concerning transport for a 21 year old. This clarifies that it is not educational provision [STAFFORDSHIRE COUNTY COUNCIL v JM \(2016\) | CASCAIDr](#)

General transition information

Preparing for Adulthood - Programme funded by the Department for Education. Lots of useful resources on this site. preparingforadulthood.org.uk/

Transition Information Network - specialist network of the Council for Disabled Children set up to provide targeted information and resources about transition through online resources, publications and events. [Transition Information Network | Council For Disabled Children](#)

Contact us

t. 0333 1212 300

Down’s Syndrome Association
Langdon Down Centre
2a Langdon Park
Teddington
Middlesex
TW11 9PS

e. info@downs-syndrome.org.uk

w. downs-syndrome.org.uk

© Down’s Syndrome Association 2021