

Daily Walk Diary Worksheet

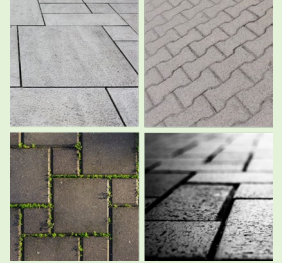
Date:.....

What did you wear when you went out for your walk?



.....

Did you see different types of paving on your walk?



.....

What did you talk or think about on your walk?



.....

Draw a picture of a tree you saw on your walk.
Did it have leaves, berries or blossom on it?



...or stick in a photo.

How many red cars did you see?



.....

Who did you go on your walk with? Or did you walk alone?

.....

How long were you out on your walk?



.....

Did you see any birds on your walk? What type of birds? You can draw what you saw below.

