



**Down's Syndrome  
Association**

A Registered Charity No. 1061474

# ABC Record

Name:

Date:

Date  Time of day	<u>Antecedents</u>	<u>Behaviour</u>	<u>Consequences</u>
	<ul style="list-style-type: none"><li>• <i>What happened just before?</i></li><li>• <i>Contributory factors?</i></li><li>• <i>Who?</i></li><li>• <i>Where?</i></li><li>• <i>What situation?</i></li></ul>	<p><i>Accurate description of the behaviour</i></p> <p><i>How long did it last?</i></p>	<ul style="list-style-type: none"><li>• <i>What did you or others do? (ignore, discuss?)</i></li><li>• <i>How did you react?</i></li><li>• <i>How did the person react?</i></li><li>• <i>What happened after?</i></li></ul>
