About this leaflet

This leaflet is made by the Down’s Syndrome Association.

It is in Easy Read.

Easy Read means easy words with pictures to help everyone understand.

We ask Having a Voice groups to help us make Easy Read information.

Having a Voice groups are groups of people with Down’s syndrome. They help people have their say.

Having a Voice groups make sure the Easy Read information is easy to understand.

You can find out more about Having a Voice on the Down’s Syndrome Association website.
What is in this leaflet?

This leaflet is about paying your bills.

Bills are things you need to pay for.

What you can learn

You can learn about:

• what you need to pay for

• how to pay your bills

• who can help you pay your bills
What do I need money for?

When you live in your own home there are things you need to pay for. These are called **bills**.

Rent is probably the biggest bill. **Rent** is the money you pay for where you live.

You have to pay for **utilities** or **services** such as water and electric and gas.

You have to pay for a **television licence** if you have a television or watch television on your computer.
You have to pay to use the internet in your house. You will pay an internet provider.

You may have to pay council tax.

Council tax is money you pay to the council. It pays for things like having your bins emptied and street lighting.

Some people only pay one bill that includes all your rent and bills.

You will need some money left over to buy other things you want and need.
Things you might spend money on are:

- food
- clothes
- hobbies
- going out

What do you need to spend money on?

Write or draw it here.
How do I pay for the things I need?

→ **Jobs**

Some people have a job. Money from your job can help you pay your bills.

Don’t worry if you don’t have a job. There are other ways to pay bills.

→ **Housing benefit**

Money for **rent** can come from **housing benefit**.

**Housing benefit** is money to help people live in their own home.

→ **Your local council** decides how much housing benefit you will get.
The person or organisation who owns your house or flat is called a landlord.

Sometimes housing benefit is paid straight to the landlord.

Find out if your housing benefit is paid this way.

Benefits

You may need money from other benefits. Some benefits you may get are:

- Income Support
- Employment and Support Allowance
- Personal Independence Payment

Your benefits are paid by the Department of Work and Pensions. They are part of the government.
You need to apply to get your benefits.

You can ask someone to help you get the right benefits.

More information

Ask your carer or social worker for more information about paying your bills.
Thank you

Thank you for reading this leaflet!
We hope this leaflet has helped you.

Tell us what you think

We want to know what you think about this leaflet.
Email what you think to:
info@downs-syndrome.org.uk

Down’s Syndrome Association

Address: Langdon Down Centre,
2a Langdon Park, Teddington,
Middlesex TW11 9PS
Telephone: 0333 1212 300
E-mail: info@downs-syndrome.org.uk
Website: www.downs-syndrome.org.uk
The Down’s Syndrome Association provides information and support on all aspects of living with Down’s syndrome. We also work to champion the rights of people with Down’s syndrome, by campaigning for change and challenging discrimination. A wide range of Down’s Syndrome Association publications can be downloaded free of charge from our website.

Contact us

Down’s Syndrome Association

National Office
Langdon Down Centre,
2a Langdon Park, Teddington,
Middlesex, TW11 9PS

t. 0333 1212 300
f. 020 8614 5127
e. info@downs-syndrome.org.uk
w. www.downs-syndrome.org.uk

Wales

t. 0333 1212 300
 e. wales@downs-syndrome.org.uk

Northern Ireland

Unit 2, Marlborough House,
348 Lisburn Road,
Belfast BT9 6GH

t. 02890 665260
f. 02890 667674
e. enquiriesni@downs-syndrome.org.uk