

## Tell it Right, Start it Right

### *Course description*

Our RCM accredited training for staff working in maternity services has received extremely positive feedback from delegates since its launch in 2010.

This interactive study day will ensure that staff gain accurate, balanced and up to date information about Down's syndrome and living with Down's syndrome. It will enable staff to offer the best support available to expectant parents, from the very beginning of the screening process, and to new parents.

The day also involves the opportunity for delegates to hear about personal experiences of living with Down's syndrome from parents of a child with Down's syndrome and/or a young person with Down's syndrome. Delegates will also be able to find out about support available locally through our affiliated groups.

### *Who is it for and how much does it cost?*

This training is for all staff working in maternity services and, new for 2014, we are pleased to be able to extend this course to students currently in training. Please get in touch with us for further details.

### *Dates and locations*

We work in partnership with local support groups, maternity services or Universities to organise a day at a venue and date of your choice.

### *How to book*

If you are interested in organising a *Tell it Right* study day near you, please fill out our bespoke enquiry form from our training webpage and return it to the Training Administrator by email, fax or post.

*'Fantastic informative day. Message needs to get out to more people especially in the hospitals. Need to go into university to speak to the student midwives who are currently training'*

Labour ward midwife, Bolton

*'Excellent day – I only wish you could talk to ALL members of our obstetric and midwifery team'*

Midwife, South Wales.

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### *Sample Programme\**

<b>09.00-09.30</b>	<b>Registration and coffee</b>
<b>09.30-9.40</b>	<b>Welcome and setting the scene</b>
<b>9.40-11.15</b>	<b>Tell it Right Survey</b> <ul style="list-style-type: none"><li>• What we learned</li></ul> <b>Down's syndrome</b> <ul style="list-style-type: none"><li>• Exploring attitudes and the facts</li><li>• Living with Down's syndrome in 2014</li></ul>
<b>11.15-11.30</b>	<b>Coffee/Tea Break</b>
<b>11.30-12.45</b>	<b>Parents' perspectives</b> <ul style="list-style-type: none"><li>• Sharing experiences</li><li>• Local group support and activities</li></ul>
<b>12.45-1.30</b>	<b>Lunch Break</b>
<b>1.30-2.30</b>	<b>My Life</b> <ul style="list-style-type: none"><li>• A young person with Down's syndrome</li></ul>
<b>2.30-3.10</b>	<b>Ensuring best practice</b> <ul style="list-style-type: none"><li>• Led discussion and group work</li></ul>
<b>3.10-3.30</b>	<b>Delivering the news</b> <ul style="list-style-type: none"><li>• Our Top Ten Tips</li></ul>
<b>3.30-4.00</b>	<b>Evaluation and close</b>

*\*This is an example of a Tell it Right study day; not all days will follow this exact format.*

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