The Down's Syndrome Association provides information and support on all aspects of living with Down's syndrome. We also work to champion the rights of people with Down's syndrome, by campaigning for change and challenging discrimination.

A wide range of Down's Syndrome Association publications can be downloaded free of charge from our website.

Contact us

Down's Syndrome Association

National Office
Langdon Down Centre,
2a Langdon Park, Teddington,
Middlesex, TW11 9PS

Wales

0333 1212 300
e. wales@downs-syndrome.org.uk

Northern Ireland
Unit 2, Marlborough House,
348 Lisburn Road,
Belfast BT9 6GH

02890 665260
e. enquiriesni@downs-syndrome.org.uk
The more members we have, the stronger our voice

Why should I become a member?
• To join a community which provides support, advice, friendship and advocacy to people who are facing similar issues;
• To ensure our voices are heard: the more members we have, the stronger our voice when campaigning on behalf of people with Down’s syndrome;
• To help define the direction of the DSA: everything we do is geared to support people with Down’s syndrome, their families and carers.

Benefits of Membership
• Expert advice on all aspects of living with Down’s syndrome;
• Life-long support;
• Full range of resources for families and professionals;
• Targeted training for all ages on subjects including health, education and social care;
• Information on pioneering research of benefit to people with Down’s syndrome;
• Invitations to new support projects in your local area, such as WorkFit or DSActive;
• Monthly newsletter including updates from people with Down’s syndrome and fundraising news;
• Bi-annual DSA Journal packed full of useful resources, research information, stories from our members and up to date information;
• Bi-annual Down 2 Earth magazine written by and for people with Down’s syndrome, sharing experiences, knowledge and life stories.

Expert Support for Members

Assessment and Advice Services
For children, young people and adults, assessments can be provided in a range of settings. We also provide regional assessment and advice services in consultation with our affiliated support groups.

Helpline
Our Information Officers are available to respond to any queries or concerns on every aspect of Down’s syndrome.

The helpline advisers are the first point of contact to access:
• Specialist Medical Advisory Board;
• Rights-based advice – covering community care law, Education Health and Care Plans, disability discrimination, mental health and human rights;
• Welfare benefits advice offering clear and helpful guidance through the benefits system;
• Education advice on a wide range of issues for children and young people from early years to further education.

Training Services
Our training services are designed to aid people with Down's syndrome, their families and carers and the professionals who work with them, to fully understand the condition and its impact upon individual lives.

Sign up for WorkFit
WorkFit is an employment initiative designed to bridge the gap between employers and employees with Down’s syndrome. www.dsworkfit.org.uk

Join DSActive
DSActive provides children and adults with Down’s syndrome an opportunity to get involved in sport; we currently have an emphasis on football and tennis and are working to expand the range of opportunities. www.dsactive.org
To join the Down's Syndrome Association please fill in both sides of this form.

**Mr/Mrs/Miss/Ms/Other**

**Your full name**

**Address**

**Postcode Country**

**Tel no.**

**Email address**

**For family members of a person with Down's syndrome, please also tell us:**

- **The name of the person with Down's syndrome**
- **Date of birth**
- **Sex M/F**

**For those with a professional interest, please also tell us:**

- **Your organisation**
- **Your job title**

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We need your signature(s) to join the Association:

I/We will apply to become members of the Down's Syndrome Association.

**Your signature**

**Date**

*Your spouse/partner's signature* (only required for parent members)

**Date**

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Using Your Details

Thank you for your application for membership. Please be assured that your personal details, recorded on our database, will not be shared with other organisations without your permission. As a member, you will automatically receive our journal, magazine and e-newsletter.

We also like to update our members with current information about Down's syndrome, research, DSA news and others ways to support us. We send this by email and post:

- If you are happy to receive emails from the DSA please tick this box.
- If you are happy to receive post from the DSA please tick this box.

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**Membership**

The more members we have, the stronger our voice.

**To join the Down's Syndrome Association please fill in both sides of this form.**

- **Please tick a box in the section below if you live/work in the UK:**
  - I am/we are the parent(s) or full time carer(s) of a person with Down's syndrome and would like free membership for my/our first year
  - I am a person with Down's syndrome aged over 18 and would like free lifetime membership
  - I am related to, or a friend of, someone with Down's syndrome and would like to pay for a year's membership
  - I work with people with Down's syndrome and would like to pay for a year's membership
  - I do not have a personal connection with Down's syndrome but would like to pay for a year's membership

- **Please tick a box in the section below if you live/work outside of the UK:**
  - I am/we are the parent(s) or full time carer(s) of a person with Down's syndrome
  - I am a person with Down's syndrome aged over 18 and would like to pay for a year's membership
  - I am related to, or a friend of, someone with Down's syndrome and would like to pay for a year's membership
  - I work with people with Down's syndrome and would like to pay for a year's membership
  - I do not have a personal connection with Down's syndrome but would like to pay for a year's membership

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We rely almost entirely on voluntary donations and membership subscriptions, so please give as generously as you can.

- I enclose a cheque for membership £
  - made payable to the Down's Syndrome Association.
- I enclose a cheque for £ as a donation to the Down's Syndrome Association.
- I would like to pay by standing order, please send me a standing order form.

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**Gift Aid**

Use Gift Aid and you can make your donation worth more. Currently, for every pound you give to us, we get an extra 25 pence from the HMRC.

- I want to Gift Aid my donation of £___________________ and any donations I make in the future or have made in the past 4 years to: Down's Syndrome Association.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please notify the Down's Syndrome Association if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

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**Where did you find out about us?**

- Internet search engine
- Healthcare facility (hospital, doctor, etc.)
- Requested directly from the DSA
- Facebook
- Other

Please make sure you have filled in both sides of this form, then send it with your payment (if applicable) to: Down's Syndrome Association, FREEPOST NAT13662, Teddington TW11 9BR. Please make your cheques payable to Down's Syndrome Association.